



As part of our *Healthy First Steps* program, UnitedHealthcare- Rite Care offers free classes for enrolled members.

If you are pregnant, you can go to any of the following classes **AT NO COST TO YOU:**

- EARLY PREGNANCY
- CHILDBIRTH CLASSES
- BREASTFEEDING CLASSES
- PARENTING CLASSES

To register for a class, choose a location below that is convenient for you and call the phone number listed (please note that some classes may only be offered at certain clinics). Space is often limited so be sure to register early. When you call to register, let the person know that you are a UnitedHealthcare-Rite Care member, so that you will not be charged for the class.

<p><u>EAST GREENWICH</u> Alternate Women & Infants Site 1050 Main Street East Greenwich, RI</p> <p>Contact: Janet Searles 401-886-4222</p>	<p><u>PROVIDENCE **</u> Women & Infants Hospital 101 Dudley Street Providence, RI</p> <p>Contact: Robin Courtmanche 401-276-7800</p>	<p><u>WESTERLY</u> Westerly Hospital 25 Wells Street Westerly, RI</p> <p>Contact: Sally Gordon or Linda Gulfoi 401-348-3288</p>
<p><u>NEWPORT</u> Newport Hospital Friendship Street Newport, RI</p> <p>Contact: Marlene Davis 401-845-1133</p>	<p><u>WAKEFIELD</u> South County Hospital 100 Kenyon Avenue Wakefield, RI</p> <p>Contact: Call Education Department 401-792-2229</p>	<p><u>WOONSOCKET</u> Landmark Medical Center 115 Cass Avenue Woonsocket, RI</p> <p>Contact: Kathy Lamoreaux 401-769-4100, ext. 2043</p>
<p><u>WARWICK</u> Kent County Memorial Hospital 455 Toll Gate Road Warwick, RI</p> <p>Contact: Candace Patenaude 401-736-1966</p>	<p><u>WOONSOCKET</u> Alternate Women & Infants Site 2168 Diamond Hill Road Woonsocket, RI</p> <p>Contact: Janet Searles 401-767-2344</p>	

** All classes are offered in Spanish and English.